Northallerton Town Juniors FC (NTJFC)

24 Hour Rule



What is the 24 Hour Rule?

The 24 hour rule is a new sensation in youth sports and is changing the sports community. In general terms, the rule states that a parent / guardian should not contact a coach until after 24 hours to make remarks, complaints, or observations about something that has occured. The idea behind this rule is to not approach the coach with criticism based on initial gutreaction, but taking time to process one's initial thoughts.

Your 24 Hour role:

Any player or parent / guardian who is upset with a coach, for any reason, should wait 24 hours before approaching any coach or committee member with complaints. This rule is intended to let parents/ guardians and coaches have a 'cooling off' period. After that time, the first thing to do is discuss the problem with the team manager, if appropriate, the coach and / or the committee. It is the club's view that, after waiting the proposed period of time, everyone will be able to discuss any issues in a calmer, more professional and constructive manner.

With the above in mind:

NTJFC is dedicated to all it's players and volunteers having a safe and fun environment, while enhancing their footballing development. In order to ensure this, we are asking that all players, parents / guardians and coaches adhere to the 24 hour rule.

NTJFC strives to improve the grassroots experience for all our Juniors and their families. Should you feel the need to progress any complaint or feedback, please refer to our Complaints Policy or get in touch to pass on any constructive comments.

You can offer general feedback by contacting us at ntift@outlook.com

To formalise a complaint, please contact our Parent Liaison Lead Julia Oosthuizen on 07929804704.

Thank you for all your support.

NTJFC Committee